

Describe the importance of _____

and means to assure personal cleanliness while on a backpacking trek. _____

5) Do the following:

a) Demonstrate two ways to treat water _____

and tell why water treatment is essential. _____

b) Explain to your counselor the importance of staying well hydrated during a trek. _____

6) Do the following:

a) Demonstrate that you can read topographic maps.

b) While on a trek, use a map and compass to establish your position on the ground at least three times at three different places, OR use a GPS receiver unit to establish your position on a topographic map at least three times at three different places.

7) Tell how to prepare properly for and deal with inclement weather.

8) Do the following:

a) Explain the advantages and disadvantages of three different types of backpacking stoves using at least three different types of fuel.

Type: _____ Fuel: _____

Advantages: _____

Disadvantages: _____

Type: _____ Fuel: _____

Advantages: _____

Disadvantages: _____

Type: _____ Fuel: _____

Advantages: _____

Disadvantages: _____

b) Demonstrate that you know how to operate a backpacking stove safely and to handle liquid fuel safely.

c) Prepare at least three meals using a stove and fuel you can carry in a backpack.

d) Demonstrate that you know how to keep cooking and eating gear clean and sanitary , and that you practice proper methods for food storage while on a backpacking trek.

9) Do the following:

a) Write a plan for a patrol backpacking hike that includes a schedule. _____

b) Show that you know how to properly pack your personal gear and your share of the crew's gear and food.

c) Show you can properly shoulder your pack and adjust it for proper wear.

d) Conduct a pre hike inspection of the patrol and its equipment.

e) While carrying your pack, complete a hike of at least 2 miles.

10) Using Leave No Trace principles, participate in at least three backpacking treks of at least three days each and at least 15 miles each, and using at least two different campsites. Carry everything you will need throughout the trek.

Trip 1: _____ Dates: _____ Miles: _____

Campsite 1: _____ Campsite 2: _____

Trip 2: _____ Dates: _____ Miles: _____

Campsite 1: _____ Campsite 2: _____

Trip 3: _____ Dates: _____ Miles: _____

Campsite 1: _____ Campsite 2: _____

11) Do the following:

a) Write a plan for a backpacking trek of at least five days using at least three different campsites and covering at least 30 miles.

Trip: _____ Dates: _____ Miles: _____

Campsite 1: _____ Campsite 1: _____ Campsite 1: _____

Your plan must include a description of and route to the trek area, _____

schedule (including a daily time control plan),

Day 1: _____

Day 2: _____

Day 3: _____

Day 4: _____

Day 5: _____

list of food _____

and equipment needs, _____

safety and emergency plan, _____

and budget. _____

b) Using Leave No Trace principles, take the trek planned and, while on the trek, complete at least one service project approved by your merit badge counselor.

Service Project 1: _____

Service Project 2: _____

c) Upon your return, write a report about the trek that includes a day-by-day description of what you did or what happened,

Day 1: _____

Day 2: _____

Day 3: _____

Day 4: _____

Day 5: _____

and what you might do the same and what you might do differently on your next trek. _____
